



Newsletter No. 1 - April 2026

Welcome to the first newsletter of the Liverpool Kidney Patients Association (LKPA). We are aiming to publish this quarterly.

Our group began originally in 2005 as Aintree Kidney Patients Association, created by Dr Bhavna Pandya and achieved charity approval in 2007. When the Royal Liverpool and Aintree hospitals merged in 2022, it was decided to combine groups and create the group as we now know it.

The aims of the group are:

- To support the patients, families and carers of those living with kidney disease in Liverpool.
- To arrange educational events around kidney disease and its treatment, both to group members and members of the public.
- To organise social events, promoting engagement, empowerment and support amongst group members.

Your newly elected committee members

President

- Dr Bhavna Pandya

Chair

- Maharsh Pandya

Treasurer

- June Graham

Secretary

- Marion Hawksey

Communication officer

- Hilary Morgan

Webmaster

- Mudit Pandya

Committee Members

- Peter Graham
- John Hawksey

Charity Evening Oct 2025

The Charity celebrated the end of a busy 2025 with an event held at The Liner Hotel in Liverpool. It was an evening filled with music, dancing and an opportunity to meet others living or supporting those with kidney disease. Entertainment was provided by the Southport Rock Choir, Guitarist Al McManus and DJ Michael from Orrell Events. Funds were raised through donations and the raffle totalling £223.



Future Events

We are keen to know what you would like as day trips or celebrations within the group. We have created a survey with some ideas for supported day trips and would be grateful for 2 minutes of your time to complete a quick questionnaire. Please see the attached form or scan the QR code. If you are filling in the attached form, please hand in to the staff at the dialysis unit.



Contact Us – please feel free to contact us using the following methods or speak to a staff member if you would like to share your story or have any suggestions for future newsletters.



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info@liverpoolkidneypatientsassociation.org



<https://www.liverpoolkidneypatientsassociation.org/>

World Kidney Day

Following the success of World Kidney Day events in 2025, we expanded our support and promotional events in 2026. We attended both Aintree and Royal Liverpool hospital sites for educational support and health checks on Wednesday 15th April (Royal) and Thursday 23rd April (Aintree). We also hosted an event at Liverpool Central Station on Saturday 18th April. All events involved encouraging members of the public and staff to take part in routine health tests such as blood pressure checking, weight measurements and urine tests. There was a focus on health promotion and increasing the overall awareness of kidney disease. Thank you to all volunteers that helped out. Initial numbers show that approximately 270 people had health checks over the 3 events.



Kidney Health For All -Caring for People, Protecting the Planet

Spotlight on..... Broadgreen dialysis unit

Opened in 1999, this unit has 24 dialysis stations and is open for morning, afternoon and twilight slots 6 days per week. The unit is fully supported by 3 Consultants, 3 dietitians and highly experienced nursing staff. It offers opportunities to be involved in shared care and supports many projects involving Enhanced Supportive Care, vascular access and research.



Thank you for your support

Janine Martin produced and sold Christmas cards in aid of LKPA in December 2025 – she raised an amazing £215. Thank you Janine!

All monies raised are used for patient related activities and support – thank you for your ongoing donations.



Final thoughts from our Chairperson Maharsh.....

It is with great pleasure, that we are launching the LKPA Newsletter. For over 20 years, we have supported patients and loved ones that live with kidney disease across Merseyside. We are always looking for new members and donors to help continue to serve our mission. Therefore, please spread the word about us, join as a member for free to be notified of meetings and events and, if able, we welcome any donations through our Crowdfunder page.